

REFLECTIONS

The exclusive club magazine with prime circulation in the greater Seattle area's fastest-growing market ... the Eastside.



BELLEVUE CLUB

IN EVERY ISSUE

Upfront: A message from management.

Calendar: What's happening at the Club.

Member Profile: An in-depth member interview.

Wellness: Health advice from Overlake Hospital Medical Center staff.

Classified Advertising: Vacation rentals, services, for sale and more.

Wine Line: An informative article by our wine expert.

Chef's Corner: Highlights of foods and recipes from the Club's executive chef.

2010 Editorial Calendar

JANUARY

OLYMPIC-SIZED WORKOUT

In honor of Vancouver 2010, light the torch in your fitness regimen with these Olympic-inspired workouts.

FEBRUARY

EDIBLE APHRODISIACS

Food and romance collide in this sizzling special. Learn how to create some delicious dishes for an at-home Valentine's celebration or other special occasion.

MARCH

TRIATHLONS 101

Learn how not to 'bonk' and more in this beginner's guide to triathlons. Get advice from the experts on how to get started in this addictive sport.

APRIL

UNUSUAL 18

From Scotland to Dubai, embark on a pilgrimage to some of the most fascinating golf courses in the world.

MAY

FIT FROM BUMP TO BIRTH

Pregnancy doesn't have to be all pain, all the time. Learn how to keep doing the things you love while feeling great.

JUNE

DRIVEN

Be sure to buckle-up for this inside look at Bellevue Club members' collection of rare and retro automobiles.

JULY

THROUGH THE DOGGIE DOOR

From restaurants to salons, learn the local establishments where canines are welcome with open arms.

AUGUST

THE REAL COLLEGE ORIENTATION

Discover 10 things every freshman (and their parents) need to know before starting college.

SEPTEMBER

BEYOND THE BROWN BAG

Is your child's school lunch making the grade? Whether homemade or from the cafeteria, help your children get the most out of lunch.

OCTOBER

THE HAUNTING

Just in time for Halloween, explore ghostly adventures in the Northwest—if you dare.

NOVEMBER

21ST CENTURY CRAFTING

Enter the new millenium of handmade art with this ode to crafting culture. Discover modern twists on vintage favorites as crafts make a comeback.

DECEMBER

SHAPING UP, TECHNOLOGICALLY

The future of fitness is here in this guide to the newest gadgets to make you run faster, swim longer and sweat harder than you ever did before.